

Berkeley Castle Covid 19 - Tenant Update

#10 - May 18, 2020

OCERA: Still no new news on this program.

“STAGE 1 Reopening”: [link to Province of Ontario Stage 1 reopening plan](#)

Building Update: From reading these emails, all of you should know that we are currently keeping Berkeley Castle open with a skeleton crew. We have closed off many areas of the building for general access, which is allowing us to focus on keeping the rest of the building safe for people who still need to come to work.

When the government advises the public that is safe for buildings like ours to “re-open”, we intend to follow all industry recommended guidelines for re-opening. We will then provide as much detail as possible to all our tenants as to how this will be accomplished.

I have attended a number of webinars and I am reading any related materials that I can find. I would like to thank those of our tenants who have forwarded valuable resources.

As part of our re-opening, we will also be asking every tenant to provide us with their own internal re-opening programs. This will permit all of us to work better together.

I am sure the government will provide details and resources as to what they expect us as Landlords, and you as tenants to do. I do recommend, that you start thinking now, about what your company will need to do to keep you safe inside your suite, and to protect yourself when around the building. .

**** If your business is included in Stage 1, and you are planning for your employees to return to the office to work, please contact management right away, so we can work directly with you to properly coordinate your return****

Taking care of your mental health: At the risk of sounding like a broken record, I want everyone to look after their own mental health, and to reach out to others who may be having a harder time.... Parents with young children, friends living alone, friends who are unemployed, a colleague, front line workers, your mother, your brother, your neighbour.... 50% of Canadians say the pandemic has worsened their mental health and 23% of children are worried about their parents getting sick.

CBC radio has a program called “White Coat Black Art”. This week, the host [Dr. Brian Goldman](#) speaks with mental health experts and how you can better cope during covid-19. It’s a helpful and an interesting ½ hour podcast. [Download](#) and listen to “keep calm and carry on”.