

## Berkeley Castle Covid 19 - Tenant Update

### # 20 - July 26, 2020

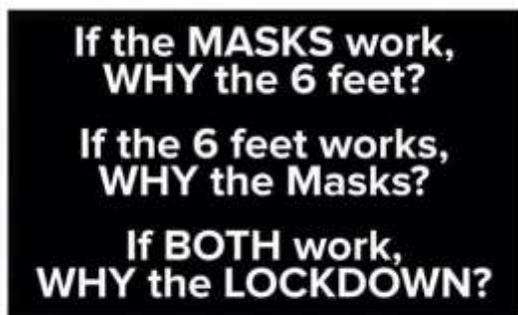
**Be kind, be calm, and be safe:** As things start to open up, and more of life's regular activities become available to us, please remember the above. There will be lineups, slower service, modified service and changes to how we participate in most of our favourite activities. Be kind to the restaurant staff, who are just trying their best. Be calm when not only did you wait a long time to get into the grocery store, but it seems the grocery cashier who is disinfecting their checkout for the "zillionth" time that day is taking forever. Mostly, be safe. Wash your hands, stay two metres apart, and wear your mask to protect others.

**A new and broader vocabulary:** Covid – 19 has created words and phrases that we never had before.... I'd love to hear back from you with some of the new meanings to words and new sayings you have started to use .... I'll even post a new "vocab list". You can also send me some of the best memes you've read.

It all started with "flatten the curve" and grew exponentially from there. I'm going to submit one that I likely didn't invent, but that I thought of myself:

- When young adults go off to college or university, many of them come home at thanksgiving with the "Freshman – 15".... I've realized that by isolating, many of us are now worrying about the "Covid – 19"

I am also a person who likes to use analogies to help describe a situation, the one below is one of my new favorites:



The Sarcastic Jerk

@The\_Sarcastic\_J

If the airbags work, then why the seatbelt? If the seatbelt works, then why the airbags? If both work, then why the brakes?

What have you got to add?

And, if I can take some liberties and be a bit cheeky, I have a small test you can take to make sure your brain hasn't gone soft during Covid. Here are 5 words: Say them out loud and repeat them. In 5 minutes you'll need to say them back:

“Person, Woman, Man, Camera, TV”