

## Berkeley Castle Covid 19 - Tenant Update # 41 - December 29, 2020

### Ontario is in Lockdown:

As of December 26<sup>th</sup>, Ontario entered into lockdown. For those of us in Toronto, its another month of the same, as we have already been in lockdown since the beginning of December. At Berkeley Castle we (again and again) want to remind all staff and visitors to the building to take extra care with sanitizing. You can start by remembering to wash your hands every time you enter the building.

### Knowledge is better (especially when it comes to the vaccines):

The more you know and understand about the vaccine, the better. I have attached a newsletter from a local family doctor who does a pretty good job at giving a clear explanation about the vaccines. Read it at your leisure. Below is also a link from a CBC news report: [Toronto allergist talks about the vaccines](#)

Have a safe & restful week, and a happy New Year's Eve.



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